



## PFLAG Phoenix Newsletter

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**April 2020**

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**Greetings!**

This is a really tough time for so many people in our PFLAG Phoenix community. Please know you are NOT alone. We are all feeling blindsided by this invisible enemy. We all have varying degrees of anxiety. We know you're experiencing the financial, social, and emotional stress caused by the corona-virus because many of us are too.

The fear of the unknown can be quite crippling. And worst of all, we have lost all avenues for sharing, comforting, and supporting each other in person. But please do not despair. Try to use this time as a positive instead of a negative, a time for LOVE and support, and perhaps creativity in your relationships, rather than a time of misunderstanding and distance. We must not let this pandemic get the best of us.

Remember, this too shall pass. There will be a light at the end of the rainbow. But until then, we will survive and be stronger because of it.

With lots of love and healing hugs,  
PFLAG Phoenix

PS Here's how to [contact us](#).

**PLEASE NOTE: Due to the Coronavirus, all April support meetings are canceled indefinitely.**

Friday	April 3	7:00pm-8:30pm	Tempe
	<a href="#">Check their website</a>		Native American
Thursday	April 9	7:00pm-8:30pm	Scottsdale/Paradise Valley

Monday	April 13	6:30pm-8:00pm	Goodyear/Litchfield/ Avondale
Tuesday	April 21	7:00pm-9:00pm	Phoenix
Tuesday	April 21	7:00pm-9:00pm	Mesa

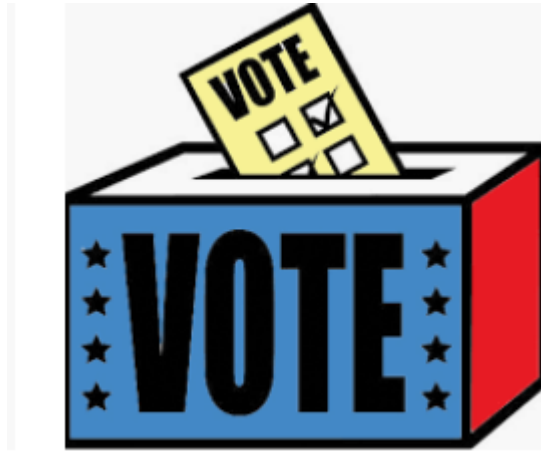
Please check our [Facebook page](#) or our [website](#) or our [Instagram page](#) for updates.

**Attention: Dates for Pride festivities have changed to November 7th & 8th**



We will update you on the details in our October newsletter. But in the meantime you can find general information for the Phoenix Pride Parade [here](#) and general information for the Phoenix Pride Festival [here](#).

**Do your civic duty: VOTE!**  
**And here's how you can do it safely**



YES, this is rather early to talk about, but in order to vote safely, and feel like we have at least something under our control, we need to prepare in advance. If life with this Corona-virus pandemic has taught us anything, it is to be prepared for the unexpected.

SO:

First of all, make sure you are registered to vote in Arizona.

Mark down these dates on your calendar. Then underline them, circle them and put alerts on your phone reminding you of them:

**July 24 and Oct. 23.**

Those are the dates by which you must request an early ballot if you don't already automatically get one. If you choose not to risk life and limb this year in order to exercise your constitutional right to vote.

GO:

**DO MARK THOSE CALENDARS NOW!**

**We apologize. We had to cancel the screening of the Two Spirits documentary due to the corona-virus epidemic.**



We will let you know the new date for the screening when we have it. We are sorry we had to do this. Your safety means everything to us.

PFLAG Phoenix, 2942 N. 24th St., Suite 114-310, Phoenix, AZ 85016

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