

# PFLAG Phoenix Newsletter

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May 2019

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### **Greetings!**

May is now upon us and a long hot summer begins. The snowbirds have begun their mass exodus to escape the inevitable triple-digit heat, leaving those of us who remain in Arizona year-round to endure the heat with a quiet resignation and an age-old justification that it is a "dry heat". But even though things are a lot quieter in our summer months, it doesn't mean PFLAG Phoenix is taking a leave of absence. We are, and always will be, here for you.

Check out our support meeting schedule below and our **calendar** for events happening each month.

Don't forget to "like" our **Facebook page** and if you haven't checked out **our website**, now is the time to do that too.

Sincerely,

PFLAG Phoenix 602.843.1404

## May support meetings:

Friday	May 3	Tempe
Thursday	May 9	Scottsdale/Paradise Valley
Check their website		Native American
Tuesday	May 21	Phoenix
Tuesday	May 21	Mesa

General information on PFLAG Phoenix support meetings, including locations & times, can be found <u>here.</u>

Mark your calendars for this Joshua Tree Feeding Program Event



Join Joshua Tree Feeding Program for Dinner and a Show to raise money to support their Feeding Program in on ongoing effort to provide nutritional assistance to members of the community living with HIV/AIDS.

Dinner includes pasta and both meat and non-meat varieties and salad.

Live performers and raffles

Tickets are \$20. Children under 12 are free.

Tickets can be purchased here.

More info here.

### Did vou know ...



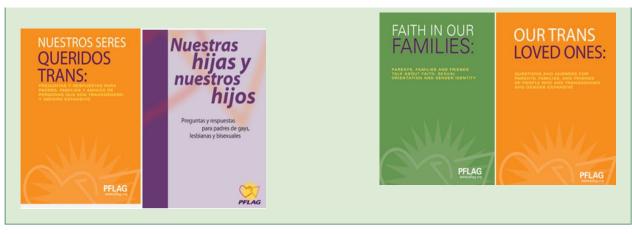
... that part of your membership dues go to help buy the brochures we use to educate people who need it? Your membership dues also allow PFLAG Phoenix to provide publications such as, "Our Trans Loved Ones" to **Trans Spectrum** and **AZTYPO**, our two biggest trans support groups here in Phoenix.

We have many other pamphlets as well. You can get them at any one of our support meetings or at any event we table. We could not provide these valuable resources if it were not for you & your decision to

buy or renew a **PFLAG Phoenix membership** .

These information-rich brochures cover a wide variety of subjects, pretty much quaranteeing that there is a brochure that answers the questions or issues that YOU may have. Here are some (but not all) of the titles we can provide: "Be Yourself", "Our Sons and Daughters", "Faith and Our Families", "Opening the Straight Spouse's Closet", and two of these brochures are also in Spanish.

So in addition to receiving support from people who understand you and your journey, you now have yet another reason to attend our support meetings!



## Spotlight on PFLAG Phoenix's Resource page

Are you looking for a welcoming church , a gay friendly therapist, a good book for your lgbtq child, or a fun gay bar? Have you checked out our PFLAG Phoenix **website** yet? It is full of useful information about all of those things and so much more.

If you have not checked it out yet, now would be the time to do it. So today we'd like to focus on our website's informationrich **Resources**page because this is where you would find that welcoming church or fun gay bar or that good book for yourself or your child.



Our resources page features a section on community resources, a section on local annual lgbtq events, a section with links for finding a new PFLAG chapter if you are moving, a section listing lgbtq-friendly healthcare, a section listing hotlines & crisis centers, a section on keeping yourself safe in school, a section listing free PFLAG publications, a section of youth/adult resources, an ever-growing list of books that feature transgender, gender non-conforming, and gay children/teens, a section of fiction & nonfiction for youth, and a section of books for adults.

So go on! Check it out. We think you'll find it worth your time & effort.



## ADOLESCENT MEDICINE



CLINICAL HIGHLIGHTS:

- GAY, LESBIAN, BISEXUAL, & TRANSGENDER HEALTH
  - ADOLESCENT SEXUAL & REPRODUCTIVE HEALTH
    - GROWTH DISORDERS
    - MENSTRUAL DISORDERS
      - EATING DISORDERS
    - CHRONIC ILLNESSES, PAIN
      - BEHAVIORAL HEALTH
    - HOMELESS & RUNAWAY YOUTH
      - AND MORE...

PHOENIXCHILDRENS.ORG 602-933-0945

More information about this Phoenix Children's Adolescent Medicine Group can be found **here on our website**.

Information about Phoenix Children's Crews'n Healthmobile, which treats children & young adults (through the age of 24) who say they are homeless or at risk of being homeless, regardless of insurance status and ability to pay, can be found <u>here on our website</u>.

Phoenix Children's Hospital is the only children's hospital in Arizona with a comprehensive Gender Management Program. More information about this program can be found <u>here on</u> <u>our website</u>.

For more resources on issues that impact the LGBTQ community, please check out PFLAG Phoenix's **Resource** page. It is loaded with links to invaluable information.

## Final bit of news & notes

- We would like officially WELCOME Crystal Asetta to the PFLAG Phoenix Board of Directors. Crystal also facilitates the Tempe support meeting and she brings so much energy to everything she does. We could not be happier to have her on the Board as well!
- The deadline for PFLAG Scholarships was April 15th and we had a number of applications come in right at the deadline. The scholarship committee now has its work cut out for it, to agonize over 14 candidates for our \$5,100.00 scholarship monies....
- Another Earth Day has come and gone, and we should each remember that what affects one species affects us all....every single species is valuable and important....just like US.
- And finally...pictures of "Drag Queen Bingo"at Beatitudes. A great time was had by all!





PFLAG Phoenix, 2942 N. 24th St., Suite 114-310, Phoenix, AZ 85016

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